



# Check up programs for men

Finding issues before they start

[elclinics.com](http://elclinics.com)



# Check up for men 40-64

## Examinations

- Check-up Physical Examination
- Check-up Overall Evaluation
- Dietary and Nutritional Assessment
- Urological Examination

## Radiological Imaging

- Abdominal and Pelvic Ultrasonography
- PA/L Lung Graphy

## Heart Screening

- Cardiac stress test  
(Treadmill, Bicycle, Pharmacological)
- Doppler Echocardiography + Color +  
M mode + B mode

## Biochemical Analyses

- Complete Blood Count (Haemogram)
- Uric Acid
- Lactate Dehydrogenase
- PSA (Prostate Specific Antigen, Total)
- Free PSA (Free Prostate Specific Antigen)
- Sedimentation (ESR), 1h
- hsCRP (high sensitivity)
- Total protein
- Albumin

## Vitamins & Minerals

- 25 Hydroxyvitamin D (Vitamin D3)
- Vitamin B12
- Folate
- Ferritine
- Total Iron Binding Capacity (TIBC)
- Iron (Fe)
- Calcium

## Blood Lipids

- Total Cholesterol
- Cholesterol-HDL (High density lipoprotein)
- Cholesterol-LDL (Low density lipoprotein)
- Triglycerides

## Diabetes Screening Test

- HOMA-R (Insulin Resistance, IR) Blood Lipids
- Hemoglobin A1c (%)

## Liver Functions

- ALT/GPT Alanine Aminotransferase
- AST/GOT Aspartate Aminotransferase
- Alkaline Phosphatase
- GGT Gama-Glutamyl Transferase

## Renal Functions

- BUN (Blood Urine Nitrogen)
- Creatinine
- Urinalysis
- Microalbumine, spot urine

## Thyroid tests

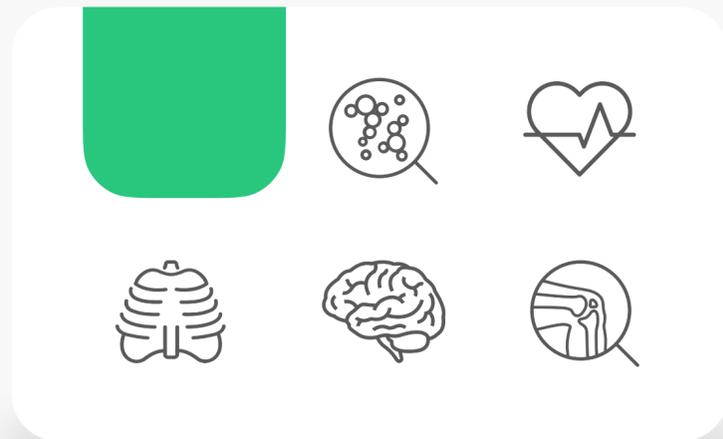
- Thyroid Ultrasound
- TSH

## Stool tests

- Ova and Parasite Test + Stool Colored
- Hidden (occult) blood in stool sample

# Why are check-ups necessary?

Regular health check-up is a proven way to easily prevent health risks as it boosts your chances for effective treatment if some issues were found.



## Benefits

- ✓ Finding issues before they start.
- ✓ Identify life-threatening health factors or diseases at their early stage.
- ✓ Lowers the possibility of complexities by thoroughly monitoring the state of the organism.
- ✓ Enhances the chance for efficient treatment.

# Where is the best place for a check-up?

One of the most popular destinations worldwide for medical care is Turkey.

Healthcare in Turkey consists of a mix of public and private health services that are available for expats.

For the last 10 years, Turkey has become one of the most reputable and leading countries in the field of medical tourism.

Staying committed to excellence, 49 Turkish clinics have obtained the Joint Commission International quality certificate.



## Affordable

The private healthcare option is fairly considered highly affordable compared to the European countries and the US.



## Leading

While being more cost-effective than most of the EU clinics, the quality of medicine in Turkey fits the highest industry standards.



## Reputable

In fact, more than 500,000 patients visit the country annually for successful health monitoring and treatment.



# We can arrange a check-up for you

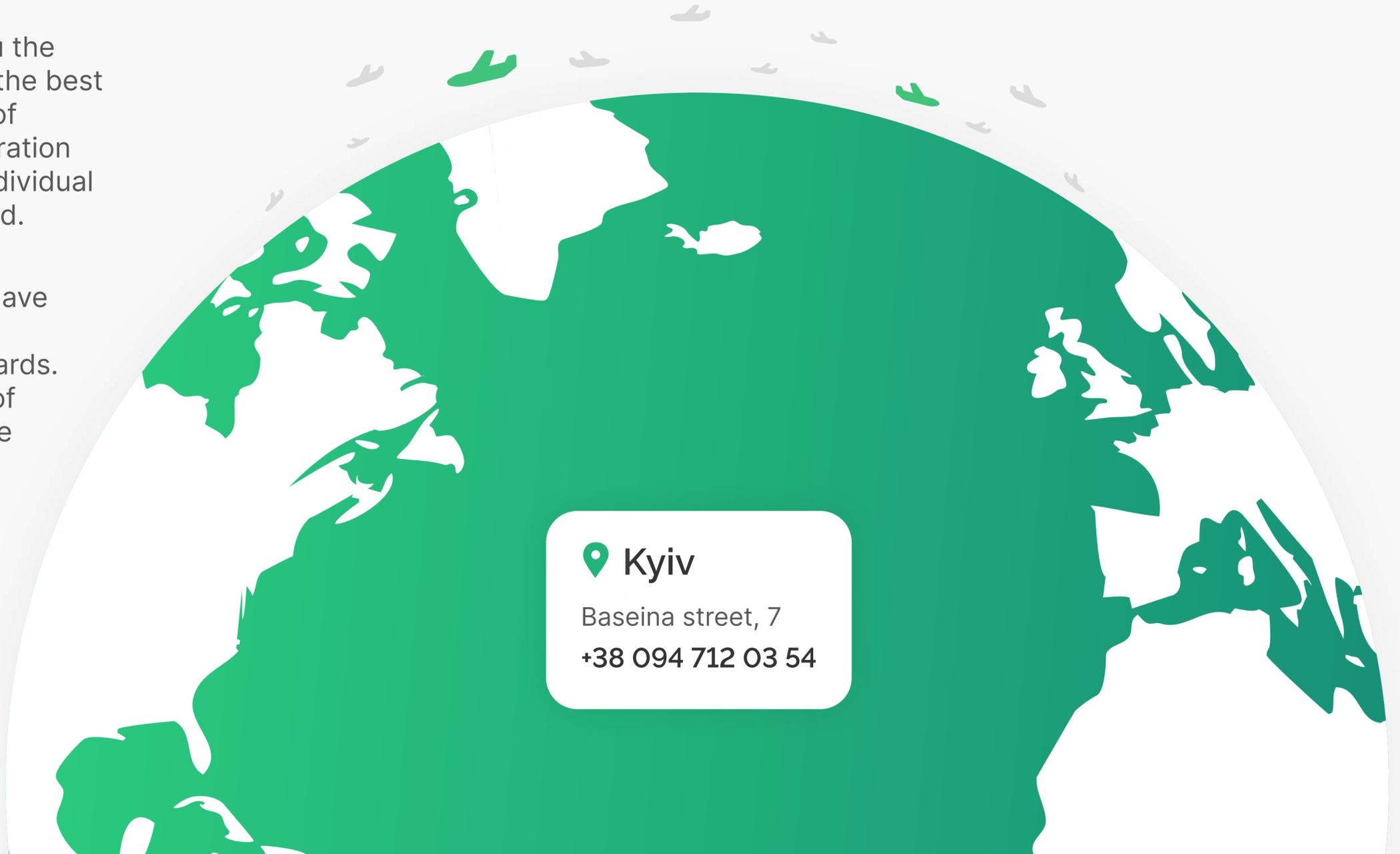


Eternity Life Tourism organizes for you the selection of specialized clinics where the best specialists work, innovative methods of treatment are applied, the latest generation equipment is used and an attentive individual approach to each patient is guaranteed.

The clinics with which we cooperate have passed a detailed selection, and the quality of treatment meets high standards. We serve clients with different levels of complexity of treatment and guarantee the most appropriate solution to the problem.

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